

ADVANCED PERSPECTIVES IN ENERGY WORK

WHEN

December 2, 2023
8:30am – 4:30 pm

WHERE

Points of Stillness

2705 Enloe St, Hudson, WI 54016

Instructor: Nancy Lawton-Shirley, OTR/L

This course will delve into a deeper level of complexity within the energy systems of the body and identify how these layers influence each other and physical function. It will provide an introduction to the ways in which emotions impact the layers of the energy system and demonstrate powerful, new techniques that increase energy flow (thus body function), facilitating therapeutic outcomes such as calm state, improved sleep state, attention and self-regulation, sensory processing and so on. We will discuss how the mind, body, spirit connection occurs during treatment sessions and the importance of these conditions critical to therapeutic process.

You will learn and EXPERIENCE techniques that will help you to take care of your own energy field—thus enhancing therapeutic use of self on a daily basis. Labs include techniques for self-health, as well as techniques to support children's energy flow within the heart system, energy flow of specific energy centers, emotional health, physical functioning and more!

PRE-REQUISITE:

Must have had one or more craniosacral therapy workshops by any provider.

COST:
\$150

RSVP BY
11/25/2023:

Questions? 715.690.2600 or
info@pointsofstillness.com



Advances Perspectives in Energy Work
INSTRUCTOR: NANCY LAWTON-SHIRLEY, OTR/L

REGISTRATION FORM

WORKSHOP DATE: DECEMBER 2, 2023 | 8:30 AM – 4:30 PM

NAME: _____

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STREET ADDRESS:

CITY: _____ STATE: _____ ZIP:

PHONE: _____

EMAIL: _____

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OCCUPATION:

REGISTRATION DEADLINE: November 25, 2023

PLEASE MAIL REGISTRATION FORM & FEE OF \$150 TO:

POINTS OF STILLNESS
2705 ENLOE STREET
HUDSON, WI 54016